

CAPstone CATCH UP



CAPstone CHILD
ADVOCACY CENTER

"A PLACE TO BE HEARD,
A PLACE TO HEAL."

October 2021

CAPstone Office Locations

Scottsbluff/Gering
900 P Street
Gering, NE 69341
308-632-7274

Chadron
316 Main Street
Chadron, NE 69337
308-432-8145

Alliance
2307 Box Butte Avenue
Alliance, NE 69301

Sidney
1109 10th Avenue
Sidney, NE 69162

Great times were had at the Annual 2021 Harvest Moon Festival in Chadron. CAPstone participated with some golf enjoyed by both kids and adults. Lots of candy and good times were shared.



CAPstone STAFF

Monica Shambaugh
Executive Director

Lisa Collins
Forensic Interviewer, MDT
Coordinator

Karol Garduno
Family Advocate

Rebecca Fernau
Forensic Interviewer,
Community Outreach
Coordinator

Shelley Thomas
Forensic Interviewer

Isabella Irish
Family Advocate

Winnie Voss
Child Advocate/Administrative
Assistant

CAPstone Donors are Superhero's



CAPstone WISH LIST

For the Children

New Beanie Babies/stuffed animals
New Blankets
New Backpacks
Journals
McDonalds/Runza gift cards

For the Facility

Gift cards to Walmart/Target
Individually wrapped snacks/juices

DONATIONS

Intralinks

Technical services for Gering Office

Anonymous

\$100.00

Cassie Wegelin

Beanie Babies

Kathy Stokey

Journals and Pens

CAPstone BOARD OF DIRECTORS 2021

SARA GRANT
Chadron State College

SHARON WALKER
Retired Social Worker

GEORGE SCHLOTHAUER
Bridgeport Schools

KAYLA IMUS
Heritage Estates

LAURA BURGESS
SBCO Attorney's office

KATHERINE BATT
Department of Health and Human Services

RACHEL DELLE
Scottbluff Schools

JANE FLIESBACH
Fliesbach Foundation

ADAM FRERICHS
Cheyenne County Sheriff's Office

PAMELA BARKER
Gering Public Schools

JANELL GRANT
Box Butte General Hospital

TINA JAMES
CS Precision

MELISSA VAN GALDER
Guardian Belle's

VICKY MORENO
SBCO Attorney's office

BETH RUZICKA
RWMC

AMANDA BOSSE
RWMC

JEFF PECK
Intralinks

KATHY STOKEY
Retired

CAPstone Child Advocacy Center will be the recipient of over \$1,500 as a result of being included in the Target Circle Fundraiser for non-profit organizations! Thanks to you all, we had over 24,000 votes. You are all superheroes for children And CAPstone appreciates your continued support. This awarded contribution from Target will give us an opportunity to continue to help CAPstone reach children and families that come to our centers.

For additional information visit

<https://www.target.com/circle/community-voting/results>

The Target Circle results are in!

Thanks to everyone who voted.



circle™

NONPROFIT PARTNER

Website

www.capstonenebraska.com

Email

director@capstonenebraska.com

Facebook

<https://www.facebook.com/CAPstone-Child-Advocacy-Center-310733285741/>

To report child abuse/neglect

Nebraska child abuse/neglect
hotline

1-800-652-1999 or call your
local Law Enforcement
agency.

Staff and Board Members of CAPstone Child Advocacy Center would like to wish Danielle Larson best wishes on her new venture. We wish to thank you for all your hard work and dedication in your many efforts to the protection and safety of children.



This Photo by Unknows Author is licensed under CC BY SA

The NEXT chapter of your LIFE is Yet to be WRITTEN. -Cindy Monroe



ATTENTION ATTENTION READ ALL ABOUT IT

If there is something you would like to see in our newsletter or would like to add to our newsletter, such as a job opening or an event you are having, please let us know.

Email Rebecca at outreach@capstonenebraska.com or call at 308-432-8145

2021 did not hold back when it came to our amazing donors and supporters during our annual Light of Hope event. CAPstone Child Advocacy Center would like to thank everyone who attended, everybody who helped set up the event, and most importantly, who donated. We feel incredibly blessed this year, as last year there were some ongoing challenges due to the pandemic, yet the event proved to be successful despite those challenges. CAPstone CAC received \$19,500.00 to help continue providing services and support to victims and their families that come to our centers. Again, THANK YOU to our amazing community and our wonderful supporters.

If you are interested or feel inspired to help CAPstone by becoming a board member or volunteer, contact Monica Shambaugh in Gering at 308-632-7274. We would be more than happy to visit with you about this opportunity.



United Way of
Western Nebraska
Partner Agency

UPCOMING TRAININGS

OCTOBER

October 18-19 – NCJTC: Criminal Connections: Child Pornography and Child Sexual Abuse:
October 18-22- NCAC Training Center- Forensic Interviewing (Huntsville or Virtual):
October 26-27 – NCJTC: Child Homicide Investigations:
October 27-29- NCAC Training Center- Extended Forensic Interviewing Training (Colorado or Virtual):

Child Abuse/Neglect training (CAN 101)

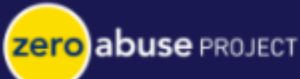
This 2 hour training is available free of charge to any group or organization that works with children. Goes over mandatory reporting, what happens when you report, where to report, and also scenarios to review. If you are interested please contact CAPstone at 308-632-7274 or 308-432-8145

October is World Bully Prevention Month

During this month students, schools, and communities all over the world go BLUE together against Bullying.

Join Us here at CAPstone Child Advocacy Center in solidarity to stop bullying and cyberbullying!! Whether you display your blue in the clothing you wear or share on social media, you will be using your voice and sending a message that this is the month that bullying prevention is heard around the world. End the Hate..... Change the Culture.

Each morning we are born again. What we do today is what matters most. -Buddha

The logo for the Zero Abuse Project, featuring the words "zero abuse PROJECT" in white and yellow text on a dark blue background, with a yellow circle around the word "zero".

TRAUMA-INFORMED
PROSECUTOR PROJECT



REGISTRATION IS OPEN

The Stopping Technology-Facilitated Abuse of Rural Kids (STARK) Symposium is bringing expert training for prosecutors on addressing technology-facilitated crimes against children. The Nebraska Alliance and Nebraska County Attorneys Association will host a two-day virtual symposium with training provided by the [Zero Abuse Project's Trauma-Informed Prosecutor Project](#). The symposium will be hosted virtually to allow maximum participation from professionals across our state.

The conference is specifically intended for prosecutors and law enforcement, but its sessions are open to all multidisciplinary team members.

This symposium will be a two-day conference focused on rural prosecutors regarding technology-facilitated crimes against children.

REGISTER NOW

If you are interested in this workshop, please sign up ASAP as spots are limited.
By attending both days and the workshop, you will earn 15 CEUs
See attached agenda for topics in training.
Please direct any inquiries to Kristin Chandler, Statewide Multidisciplinary Team
Coordinator. Email: kchandler@nebraskacacs.com



Enhancing Nebraska's response to Child Abuse

TiPP



TRAUMA-INFORMED
PROSECUTOR PROJECT

a program of



2021 Nebraska Virtual STARK Prosecutor Symposium

NOVEMBER 3, 2021 – DAY 1

8:00 a.m. – 8:15 a.m.

Welcome and Introductions

Victor Vieth
Chief Program Officer, Research and Education
Zero Abuse Project

8:15 a.m. – 9:45 a.m.

Internet 101

Robert Peters
Senior Attorney, Zero Abuse Project

9:45 a.m. – 10:00 a.m.

Break

10:00 a.m. – 12:00 p.m.

Digital Forensics 101

Robert Peters

12:00 p.m. – 1:00 p.m.

Lunch

1:00 p.m. – 2:15 p.m.

Child Exploitation Investigations 101

Robert Peters

2:15 p.m. – 3:30 p.m.

Admissibility of Social Media & Digital Evidence

Robert Peters

3:30 p.m. – 3:45 p.m.

Break

3:45 p.m. – 4:45 p.m.

Anticipating and Countering Defenses in Technology-Facilitated Child Abuse Cases

Robert Peters

4:45 p.m. – 5:00 p.m.

Introduction of Day 2 Exercises and Assignments

NOVEMBER 4, 2021 – DAY 2

8:00 a.m. – 9:15 a.m.	<i>You Have Chosen Wisely: Jury Selection in Child Abuse Cases</i> Robert Peters
9:15 a.m. – 9:30 a.m.	Break
9:30 a.m. – 10:45 a.m.	<i>Direct Examination of the Digital Forensics Examiner</i> Robert Peters, Senior Attorney, Zero Abuse Project Brandon Epstein, Director of Training, Medex Forensics
10:45 a.m. – 12:00 p.m.	<i>Cross-Examination of the Digital Forensics Defense Expert</i> Robert Peters Brandon Epstein
12:00 p.m. – 1:00 p.m.	Lunch
1:00 p.m. – 3:15 p.m.	<i>Exercises: Admission of Social Media and Digital Evidence</i>
3:15 p.m. – 3:30 p.m.	Break
3:30 p.m. – 4:45 p.m.	<i>Exercises: Admission of Social Media and Digital Evidence</i>
4:45 p.m. – 5:00 p.m.	<i>Closing Remarks</i>

Winnie's Wellness

Eye Safety at Home: Preventing Eye Injuries

By Kierstan Boyd

Reviewed By Kendra Denise DeAngelis

Did you know that about half of all eye injuries happen right at home?

Home activities that can injure your eyes include:

- Cleaning. Chemicals like bleach in household cleaning products cause 125,000 eye injuries each year.
- Home Improvement. Screws, nails and hand tools can launch into the air—and into your eyes. Power tools can also send wood chips or other substances flying into the air.
- Yard Work. Lawn mowers, trimmers and even shovels can throw dirt and debris into the air. Branches, twigs and thorns can also be dangerous.

Unfortunately, only about three out of 10 people wear protective eyewear during home projects that could hurt their eyes. The good news? Simply wearing protective eyewear can reduce your risk for eye injury by 90 percent!

The American Academy of Ophthalmology urges every household to have at least one pair of ANSI-approved protective eyewear. (“ANSI-approved” means the protective eyewear is made to meet safety standards of the American National Standards Institute.)

Threats to Eye Safety at Home

Here are places and situations throughout your home where you need to protect your eyes.

In the house

- Using dangerous chemicals such as oven cleaner and bleach (accidents involving common household products cause 125,000 eye injuries each year). Read the labels of chemicals and cleaners carefully, and don't mix products.
- Cooking foods can that can splatter hot grease or oil. Use grease shields on frying pans to protect yourself from splattering.
- Opening champagne bottles during a celebration. Wrap a towel or cloth around the top of the bottle while unscrewing it to “catch” the cork. Never point a champagne bottle towards another person or yourself when opening it.
- Drilling or hammering screws or nails into walls or hard surfaces like brick or cement. The screws or nails can fly into the air, or fragments can come off the surface.
- Using hot objects such as curling irons around your face. Contact with your eyes can cause serious injury.
- Loose rugs and railings or other hazards that could cause falls or slips. Secure rugs with a non-slip pad underneath. Check to make sure railings are secure and not loose. Put padding on sharp corners and edges if you have children or the elderly in your house.

WHY IS IT IMPORTANT TO CREATE A POSITIVE DIGITAL CULTURE IN YOUR HOME??

Here are some very important statistics:

Mobile devices are introduced to children very early in life.

In a 2015 study of 350 parents, most children had access to mobile devices in their household, and by age four, three out of four children had their own mobile device. At age two, most children were using mobile devices on a daily basis and spending comparable screen time on television and the mobile device.



Almost 75% of teens with cell phones have smartphones.

A 2015 study found that 88% of American teens ages 13 to 17 have or have access to a mobile phone of some kind, and a majority of teens (73%) have smartphones. Fifty-eight percent of teens have or have access to a tablet computer.

Lenhart, Amanda. (April 2015). Pew Research Center. *Teens, Social Media and Technology Overview 2015*. Accessed at: http://www.pewinternet.org/files/2015/04/PI_TeensandTech_Update2015_0409151.pdf.

91% of teens go online from a mobile device, at least occasionally.

Fully 91% of teens go online from mobile devices at least occasionally, and 94% of these mobile teens go online daily or more often, compared with 68% of teens who do not use mobile devices to go online.

Lenhart, Amanda. (April 2015). Pew Research Center. *Teens, Social Media and Technology Overview 2015*. Accessed at: http://www.pewinternet.org/files/2015/04/PI_TeensandTech_Update2015_0409151.pdf.

Internet use is nearly constant for some teens.

Teens ages 13 to 17 are also going online frequently. Aided by the convenience and constant access provided by mobile phones, 92% of teens report going online daily with 24% using the Internet "almost constantly," 56% going online several times a day, and 12% reporting once-a-day use. Just 6% of teens report going online weekly, while 2% go online less often.

Lenhart, Amanda. (April 2015). Pew Research Center. *Teens, Social Media and Technology Overview 2015*. Accessed at: http://www.pewinternet.org/files/2015/04/PI_TeensandTech_Update2015_0409151.pdf.

